

# Faeces Collection

## Step 1

Obtain a faeces collection container from your doctor or your nearest pathology collection centre. For your nearest collection centre, please refer to the reverse of your request form.

## Step 2

Place a clean receptacle into the toilet bowl and use this to catch your faeces.

## Step 3

Use the scoop on the underside of the collection container lid to collect a sample of faeces about 2.5cm (1 inch) in diameter. Place this sample in the collection container and dispose of the remaining faeces in the toilet.

## Step 4

Deliver the specimen to collection centre or doctors surgery as soon as possible, preferably on the day of collection.

If any delay, specimen may be refrigerated overnight.